

★Americana★LUNCHEON SUGGESTIONS

COMPLETE LUNCHEON \$4.25 ADDITIONAL
INCLUDES: CUP OF SOUP, SODA OR COFFEE AND
CHOICE OF PUDDING, JELLO OR ICE CREAM

SOUPS

CUP - 3.75 • BOWL - 5.95 • SOUP DU JOUR • MANHATTAN CLAM CHOWDER
 CHICKEN CONSOMME *with Noodles or Matzo Balls*
 FRENCH ONION AU GRATIN - 6.25

CHEF'S SPECIALS

OLD FASHIONED BEEF STEW *with Garden Vegetables*15.25
 STUFFED PEPPERS *served with Potato and Vegetable*15.25
 BAKED MEAT LOAF *with Mushroom Gravy served with Potato and Vegetable*15.25
 MOUSSAKA - *Eggplant and Ground Beef topped with Bechamel Cream Sauce*15.25
 LASAGNA - *Wide Homemade Pasta with Ricotta and Mozzarella in Meat Sauce* ...15.25
 BARBECUED BABY BACK RIBS & CHICKEN *with Smoked Barbecue Sauce*
served with Potato and Vegetable15.25
 GRILLED CHICKEN SORRENTINO *with Eggplant and Mozzarella Cheese*
served with Potato and Vegetable16.75
 BAKED MANICOTTI *topped with Marinara Sauce and Mozzarella Cheese*14.75
 SPAGHETTI & MEATBALLS *with Tomato Sauce*14.75

LUNCHEON SALADS

JUNIOR CHEF'S SALAD15.25	INDIVIDUAL SALMON13.95
JUNIOR TUNAFISH SALAD13.95	INDIVIDUAL TUNAFISH13.95
JUNIOR CHICKEN SALAD13.95	INDIVIDUAL SARDINES13.95

(Skinless & Boneless)

LIGHTER SIDE

BEEF BURGER *with Cottage Cheese, Lettuce and Tomato*13.95
 TURKEY BURGER *with Cottage Cheese, Lettuce and Tomato*13.95
 VEGETABLE BURGER *with Cottage Cheese, Lettuce and Tomato*13.95
 SPRING SALAD *with Chopped Fresh Vegetables and Sour Cream or Cottage Cheese* .13.95
 HEALTH SALAD - *Cottage Cheese, Fruit Salad and Jello*13.95

STUFFED CHICKEN FLORENTINE
Stuffed with Spinach and Feta Cheese, served with Oven Brown Potatoes and Vegetable
16.75

STUFFED EGGPLANT ROLLATINI PARMIGIANA
Served with Spaghetti
14.75

CORNEB BEEF or PASTRAMI REUBEN
Served with Russian Dressing, French Fries, Cole Slaw and Pickle
15.25

POLLO VERDE
Breast of Chicken, covered with Broccoli, Prosciutto, Mozzarella Cheese and a Light Brown Sauce
16.75

GRILLED CHICKEN SALAD BOWL
Served with Choice of Dressing
16.75

BROCCOLI & CHEDDAR QUICHE
Served with Greek Salad
15.25

CHICKEN MEDITERRANEAN
Breast of Chicken sautéed with Mushrooms, Capers, Onions and Black Olives in a Marinara Sauce
16.75

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 CHICKEN CONSOMME *with Noodles or Matzo Balls*
 FRENCH ONION AU GRATIN - 6.25

CHEF'S SPECIALS

BAKED MEAT LOAF *with Mushroom Gravy, served with Potato and Vegetable*15.25
 ROAST CHICKEN *with Apple Raisin Stuffing, served with Potato and Vegetable*15.25
 STIR-FRY CHICKEN *with Oriental Vegetables, served over Rice*16.75
 SPAGHETTI & MEAT SAUCE15.25
 GREEK PASTICHIO - *Macaroni with Meat Sauce*
topped with Bechamel Cream Sauce15.25
 CHICKEN & EGGPLANT MAISON STYLE *stuffed with Ricotta Cheese,*
topped with Mozzarella Cheese, served over Pasta16.75
 BROILED BEEF LIVER *with Sautéed Onions, served with Potato and Vegetable*15.25
 CHICKEN SCAMPI & FRIED BROCCOLI *served over Rice*16.75

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	<i>(Skinless & Boneless)</i>

LIGHTER SIDE

BEEF BURGER *with Cottage Cheese, Lettuce and Tomato*13.95
 TURKEY BURGER *with Cottage Cheese, Lettuce and Tomato*13.95
 VEGETABLE BURGER *with Cottage Cheese, Lettuce and Tomato*13.95
 SPRING SALAD *with Chopped Fresh Vegetables and Sour Cream or Cottage Cheese* .13.95
 HEALTH SALAD - *Cottage Cheese, Fruit Salad and Jello*13.95

LINGUINE
Linguine with White or Red Clam Sauce
15.25

CHICKEN NAPOLETANA
*Breast of Chicken sautéed with Peppers, Onions,
 Olives and Pimentos in a White Wine Sauce*
16.75

CHICKEN & BROCCOLI
*Sautéed with Garlic, Sundried
 Tomatoes, Herbs, Cauliflower
 and Light Chicken Broth
 served over Penne Pasta*
16.75

STUFFED CHICKEN
with Crabmeat
*Served with Oven Brown
 Potato and Vegetable*
16.75

CAESAR SALAD
with Grilled Chicken
Served with Choice of Dressing
16.75

GRILLED CHICKEN SORRENTINO
with Eggplant and Mozzarella Cheese, served with Potato & Vegetable
16.75

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 CHICKEN CONSOMME *with Noodles or Matzo Balls*
 FRENCH ONION AU GRATIN - 6.25

CHEF'S SPECIALS

- POT ROAST *with Potato Pancake, served with Potato and Vegetable*15.25
- BEEF GOULASH *served over Noodles*15.25
- ROAST HALF CHICKEN *with Apple Raisin Stuffing,*
served with Potato and Vegetable15.25
- BAKED MEAT LOAF *with Mushroom Gravy, served with Potato and Vegetable*15.25
- MOUSSAKA - *Eggplant and Ground Beef topped with Bechamel Cream Sauce*15.25
- SAUTÉED CALVES LIVER *with Onions, Mushrooms & Peppers,*
served with Potato and Vegetable15.25
- LASAGNA - *Wide Homemade Pasta with Ricotta and Mozzarella in Meat Sauce* ..15.25
- BAKED STUFFED SHELLS15.25

LUNCHEON SALADS

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|----------------------------------|----------------------------------|
| JUNIOR CHEF'S SALAD15.25 | INDIVIDUAL SALMON13.95 |
| JUNIOR TUNAFISH SALAD13.95 | INDIVIDUAL TUNAFISH13.95 |
| JUNIOR CHICKEN SALAD13.95 | INDIVIDUAL SARDINES13.95 |
| | <i>(Skinless & Boneless)</i> |

LIGHTER SIDE

- BEEF BURGER *with Cottage Cheese, Lettuce and Tomato*13.95
- TURKEY BURGER *with Cottage Cheese, Lettuce and Tomato*13.95
- VEGETABLE BURGER *with Cottage Cheese, Lettuce and Tomato*13.95
- SPRING SALAD *with Chopped Fresh Vegetables and Sour Cream or Cottage Cheese* .13.95
- HEALTH SALAD - *Cottage Cheese, Fruit Salad and Jello*13.95

CALAMARI & MUSSELS
FRA DIAVOLO
In Spicy Sauce
served over Linguine
16.75

STUFFED FILET
FLORENTINE
Stuffed with Spinach and
Feta Cheese, served with
Potato or Vegetable
17.95

CHICKEN
CORDON BLEU
with Fried Broccoli
served with Potato or Vegetable
17.25

GRILLED CHICKEN
MIXED SALAD BOWL
Served with
Choice of Dressing
16.75

CRAB CAKE
on a Bun, served with Lettuce,
Tomato & French Fries
15.25

BROCCOLI & CHEDDAR
QUICHE
Served with Greek Salad
15.25

CHICKEN & SHRIMP MARINARA
Sautéed with Garlic, Fresh Basil and Oregano served over Pasta
17.25

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 CHICKEN CONSOMME *with Noodles or Matzo Balls*
 FRENCH ONION AU GRATIN - 6.25

CHEF'S SPECIALS

CORNED BEEF & CABBAGE *with Boiled Potato*15.25
 STIR-FRY STEAK *served over Rice or Pasta*17.95
 SAUTÉED CHICKEN FRANCAISE *served over Rice or Pasta*16.75
 ROAST CHICKEN *with Apple Raisin Stuffing, served with Potato and Vegetable* ...15.25
 CALVES LIVER VIENNESE STYLE *served with Potato and Vegetable*15.25
 BAKED MEAT LOAF *with Mushroom Gravy, served with Potato and Vegetable*15.25
 BAKED MANICOTTI *topped with Marinara Sauce and Mozzarella Cheese*15.25
 MOUSSAKA *with Eggplant and Ground Beef topped with Bechamel Cream Sauce* ..15.25
 CHICKEN PAELLA *served over Rice*16.75

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LIGHTER SIDE

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 TURKEY BURGER *with Cottage Cheese, Lettuce and Tomato*13.95
 VEGETABLE BURGER *with Cottage Cheese, Lettuce and Tomato*13.95
 SPRING SALAD *with Chopped Fresh Vegetables and Sour Cream or Cottage Cheese* .13.95
 HEALTH SALAD - *Cottage Cheese, Fruit Salad and Jello*13.95

CORNED BEEF or PASTRAMI REUBEN
Served with Russian Dressing, French Fries, Cole Slaw and Pickle
15.25

RIGATONI SICILIANO
Rigatoni Pasta with Italian Sausage and Eggplant topped with Tomato Sauce and Mozzarella Cheese
16.75

POLLO VERDE
Breast of Chicken covered with Broccoli, Prosciutto, Mozzarella Cheese and a Light Brown Sauce
15.25

CHICKEN MARSALA
Breast of Chicken sautéed with Onions, Mushrooms and Roasted Red Peppers in a Marsala Sauce
16.75

SHRIMP ALA BAKA
Sautéed Shrimp with Fresh Tomatoes and Basil, tossed with Pink Cream Sauce and Choice of Pasta
17.25

BROCCOLI & CHEDDAR QUICHE
Served with Greek Salad
15.25

CHICKEN MURPHY
Sautéed Chicken Tenders, 3-Color Peppers, Onions, Potatoes and Fresh Herbs, served with a Balsamic Brown Sauce
16.75

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 CHICKEN CONSOMME *with Noodles or Matzo Balls*
 FRENCH ONION AU GRATIN - 6.25

CHEF'S SPECIALS

BAKED MACARONI & CHEESE *served with Crab Cakes*15.25
 ROAST LOIN OF PORK *served with Potato and Vegetable*15.75
 ROAST CHICKEN *with Apple Raisin Stuffing, served with Potato and Vegetable* ...15.25
 STUFFED CABBAGE *served with Potato and Vegetable*15.25
 BAKED MEAT LOAF *with Mushroom Gravy, served with Potato and Vegetable*15.25
 MOUSSAKA - *Eggplant and Ground Beef topped with Bechamel Cream Sauce*15.25

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LIGHTER SIDE

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 TURKEY BURGER *with Cottage Cheese, Lettuce and Tomato*13.95
 VEGETABLE BURGER *with Cottage Cheese, Lettuce and Tomato*13.95
 SPRING SALAD *with Chopped Fresh Vegetables and Sour Cream or Cottage Cheese* .13.95
 HEALTH SALAD - *Cottage Cheese, Fruit Salad and Jello*13.95

**FILET OF SOLE
FRANCAISE**
Served over Rice
17.25

SLICED LONDON BROIL
*On Garlic Roll with Lettuce,
Tomato, French Fries,
Cole Slaw and Pickle*
18.50

**STUFFED EGGPLANT
PARMIGIANA**
*Rollatini stuffed with Ricotta
Cheese, topped with Mozzarella*
15.25

**CHICKEN & SHRIMP
PAELLA**
Served over Rice
17.25

**STUFFED FILET
FLORENTINE**
*Stuffed with Spinach and Feta
Cheese, served with Oven Brown
Potatoes and Vegetable*
16.75

LINGUINE
*Linguine with White or Red
Clam Sauce*
15.25

MIXED SEAFOOD SAUTÉ
*Shrimp, Calamari and Mussels with Fresh Garlic,
Fresh Tomatoes, Basil, Thyme and
a Light Tomato Sauce with Choice of Pasta*
18.75

**CAESAR SALAD BOWL
with Grilled Tuna Steak**
17.25